

News

Bites Near Us: MixStirs Cafe

Patch stops by a Sewickley cafe known for its healthy menu.

By Kaitlin Busch | [Email the author](#) | 10:08am [Print](#)

0 Comments

[Recommend](#) [Send](#) [Be the first of your friends to recommend this.](#)

+1 1

[Email](#)

[Tweet](#)

For a quick and healthy lunch, stop by [MixStirs Café](#) in Sewickley.

The Beaver Street cafe caters to those with active lifestyles, offering tasty, healthy foods at a good price.

The restaurant's dining room looks more like a living room than a restaurant -- extremely cozy and clean, with couches for lounging and bookshelves adorned with photos.

Known for its juice bar, MixStirs offers apple, carrot, and orange juice and blends in a small size for \$3.29 and in a regular size for \$4.29. Classic and fruit stirs, such as the Smashin' Supreme and Watermelon Breezer, are priced at \$3.99 for a 16-ounce and \$4.65 for a 24-ounce. Protein power stirs, vitamin powered stirs, Acai stirs and power boosts are also offered.

The café offers six gourmet soups daily, including Lobster Bisque and Three Cheese Tomato. Salads, such as the Greek Salad and the Grilled Chicken Caesar Salad, are priced from \$5.25 and \$6.25. Popular menu items include the Chicken Bella and Turkey BLT Paninis, priced at \$6.25. Wraps, such as the Philly Melt and the Chicken/Cheese Quesadilla, are priced at \$5.99.

MixStirs is open 10 a.m. to 7 p.m. Monday through Friday and from 10 a.m. to 5 p.m. on Saturdays. The café is closed on Sundays.

Got a suggestion for Bites Nearby? [Tell us in the comments.](#)

[Interested in a follow-up to this article?](#)

[Keep me posted!](#)

[View full size](#)



[Manage your photos & videos](#)

[Tell Your Neighbors About Patch](#)

Thank you, snooze.
And thank you, 15
minute commute.



[Search Jobs Nearby](#) | [Patch](#)

REPLAY

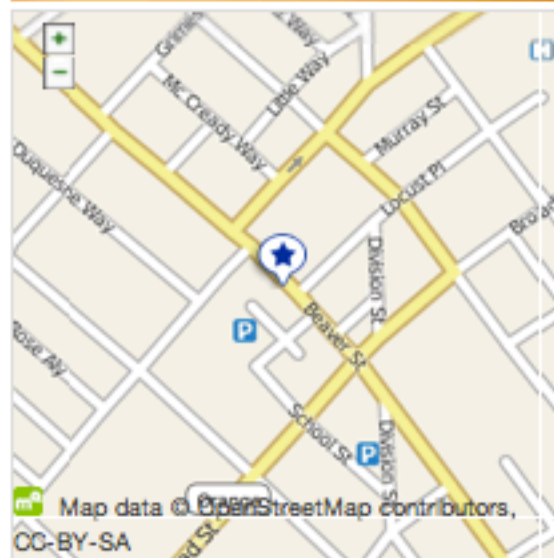
Our ads get new customers.
Just ask your competition.



[Advertise Here](#)

REPLAY

Patch



Map data © OpenStreetMap contributors, CC-BY-SA

IN THIS ARTICLE